

51 Ways to Create a Fresh Look in Your Home

The Sixth Sense

by Deborah R. Dolen

Sound Elements

- Have a CD playing in the background of classical music, birds chirping or water falls to set the tone for a very relaxing environment.
 - Hang a wind chime where you can hear the soothing sounds.
 - Make your own CD's of every old song you like for road trips.

Fragrance Elements

- Clean your air filter(s) and have a potpourri sachet inserted.
- Place fabric sheets like bounce under the seats of your car and in shoes.
 - Create your own layered potpourris with items from outside.
- Place ceramic rings over light bulbs and drop with left over fragrance oil.
 - Make your own incense and cones with the Mabel White instructions.
- Create your own smelly jelly air fresheners with bright silk flowers and pearls situated at the bottom of the jar and an 8" diameter piece of lace to top it off.
 - Make your own heavily scented candles with Soy Wax.
 - Make your own herbal sleep and dream pillows for the bed area.

Lighting Concerns and Ambiance Soothing to the Eyes

- Make Candles with bright flower decoupage on the outside like pansies.
 - Change out the overall color of your candles.
- Reconsider your present lighting, adjust and switch out bulbs, pink for evening relaxation, green for sleeping and health, bright for work areas and soft for reading locations.
- Large hand rolled bees wax candles provide the most romantic ambiance as they tend to burn while leaving the beautiful outer-shell standing and offer the highest soft illumination.

Touch and Skin Elements

- Make gem like soaps for the house with Mabel White melt & pour methods.
- Make your own bath salts, bath bombs and bubble bath for your bathroom.
 - Make antibacterial hand gel and new lotions for guest bathroom.
- Make soap on a rope with beautiful cords to hang from shower neck.

Taste of Season

- Plant your herb garden and include tomatoes and peppers.
- Make your own spice mixes for the kitchen in decorative styles.

Floral Ambiance

- Start cutting fresh flowers from outdoors in spring to place in a clear vase in the home.
 - Exchange silk plants for real ones.
- Place sliced lemons and limes, or pearls at the bottom of fresh floral arrangements.
 - Sprinkle flower petals on counters or in bath tub for color.

Cleaning & Storage

- Give your house a total cleaning to eliminate clutter.
- Rearrange furniture for better movement and negotiation.
 - Clean or spray paint patio furniture for brightness.
- Make your own household cleaners and Febreze with the Mabel Formulas.
- Use a galvanized tin, like from horse feed store for guest towels and magazines.
- Group all of your linens and bedding, check for freshness and then spray with fragrance and shrink wrap them in their respective group for the best organization.

Basic Design Revamp

- Change out shower curtains for a new look.
- Place a new Duvet cover over your old comforter.
 - Use lace rounds for coasters.
- Hang a mirror where it can reflect a window-bringing the outdoors in.
 - Use shells as soap dishes.
- Place a green plant or assortment of candles in front of fireplace openings.
 - Replace heavy drapes and table cloths for sheers.
 - Use a bright flower pot for pencil and one holder.
 - Hang a collection of bird houses on the wall for whimsy.
 - Paint a wall an accent color. do not be afraid of color.
 - Exchange out throw pillows for bright patterns.
 - Botanical prints offer an inexpensive home décor solution.
 - Change out cabinet hard ware.
 - Hang a kite in your kids room to add whimsy.
 - Create definition and color with a wall paper border.
 - Switch out wall plates and outlet covers to perhaps some you painted.
- Paint your glass wine stem ware with flowers by taping a pattern inside the glass.
 - Add new family photos to your walls.

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