



## *How to make Bath Seltzers*

**By Mabel White**



Pamper yourself with the intoxicating home made bath seltzers in your tub. Learn how to make your own Bath Bombs! *Drop one tablet in warm water and watch it effervesce with any fragrance you choose that revives and relaxes.* Make any shape you want! Your kids, family and friends will love this. Alka-Seltzer for the tub and it is a great gift idea. Imagine your cost in these beauties that retail for between \$3-\$6. is less than .50 to make by yourself!

*Mabel White*

### ***Supplies Needed:***

- 2 Part Citric Acid
- 2 Parts Baking Soda
- Witch Hazel in Spritzer
- Essential Oil a Few Drops
- Fork
- Bowl
- Molds
- Spray Bottle

You can use any kind of mold you like, we prefer soap molds with deep grooves to show detail. You can get Citric Acid from the Mabel White Supply Company by calling 866-358-LOVE.

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To make the Bath Bombs:

1. 1 Cup of Baking Soda
2. 3/4 Cup of Citric Acid
3.  $\frac{1}{4}$  Cup of Corn Starch
4. 15 Drops of whatever fragrance oil you like.
5. A few drops of soap dye, or herbs for color, optional.



Instructions:

1. Assemble the dry ingredients and mix in a large bowl.
2. Remove a small amount of the dry ingredients and mix in a smaller bowl with the fragrance oil, colorants and any other item you are mixing in.
3. Blend well and then add back into the large bowl.
4. Remove approximately 1/3 of the blended ingredients to another small bowl and spritz lightly with witch hazel. DO NOT over mist or they will start to fizz! The dry ingredients need to be just damp enough to stick together.
5. Pack the mixture into snow balls or into a mold. Press the mixture together hard.
6. Place a thin sheet of card board over a mold and then flip over. Your final product should be done!
7. Leave the salts overnight to dry.
8. Have fun!

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